

2023 Bea Wickett Award for Contributions to Education and Mental Health

Strong Minds Strong Kids Psychology Canada (SMSKPC) seeks nominations for its 2023 Dr. Bea Wickett Award, supporting work to promote mental health and well-being within the context of education in Canada. The award recognizes a program and/or evaluation of a program that will be offered within elementary or secondary school settings to promote well-being, foster resilience, and identify the early indicators of mental health problems and prevent the onset of mental illness. SMSKPC will disburse up to \$9,000 to support the project. The terms of eligibility for the award are detailed below.

ELIGIBILITY

To be considered eligible for the 2023 Dr. Bea Wickett Award:

- the program or service recommended for recognition must be nominated by a licensed or registered psychologist or agency/institution engaged in the delivery of psychological services in a Canadian jurisdiction within an elementary or secondary school setting that is either a new innovation in service or training **or** an established and successful program or service whose continued viability depends on securing additional external funding, (The person making this nomination is identified as The Nominator). OR if you are submitting for the evaluation of a program, it must be led by a post-secondary institute and the evaluation must be of a program that is being implemented within elementary or secondary school settings that promote well-being, foster resilience, and identify the early indicators of mental health problems and prevent the onset of mental illness.
- in 2023 the Dr. Bea Wickett Awards Committee is particularly interested in programs/evaluations that address the well-being and education needs of diverse Canadian children and families.
- the program or service recommended for recognition must respond to a need identified in a school or school board. It is necessary that the Nominator explain how the program or service responds to this need. There is an increasing awareness of the importance of using the school setting as an opportunity and place to promote and foster well-being, identify circumstances and conditions that give rise to mental problems and provide programs which help build skills that enhance personal strengths Need is not limited to these issues however, and it is up to the applicant to clearly explain how the proposed program or service will address a need for or gap in service. OR if you are submitting for the evaluation of a program, the research must identify what outcomes you plan to measure and how those measures will contribute to the promotion of well-being, resilience and identification of early indicators of mental health problems and prevent the onset of mental illness.



- a licensed psychologist who is a member of the Canadian Psychological Association or a provincial
 association of psychology must be centrally involved in the development, delivery and/or oversight of
 the psychological service or training program. For purposes of this award this Psychologist is to be
 identified as the Project's Manager; For evaluation projects, a researcher from a post secondary
 institute must be involved in the design and implementation of the evaluation.
- For program or service submissions, the nomination must address the long-term continuity of the proposed program or service.

NOMINATION REQUIREMENTS

The nomination should be submitted electronically as an email attachment (Microsoft Word or PDF format) to info@strongmindsstrongkids.org with "2023 Dr. Bea Wickett Award" entered in the subject line of the email. Deadline date December 31st, 2023. The application should include:

- 1. A cover sheet with name, address, phone number, e-mail address and title of the program or service for which the award is being sought.
- 2. An abstract of 100 words or less summarizing the proposed program, service or evaluation.
- 3. For program or service submissions, three pages describing the nature of the program or service. This description should:
 - a. include how the program or service responds to a school-based or community need;
 - b. summarize the evidence upon which the proposed program or service is based;
 - c. detail the nature of the program or service for which the award is being sought, including names and credentials of those developing, overseeing and delivering the program or service; description of the treatment or education program or service being delivered to whom and for how long; how the program or service engages in program evaluation;
 - d. detail ethical approval status of the proposed program or service;
 - e. specify how the award will be used (e.g. purchase of special equipment or training, fund human resource costs for supervision or service delivery) and timeline for same;
 - f. detail the financial or in-kind commitment to the program or service on the part of the institution and/or organization, and,
 - g. detail how the program or service will be sustained beyond the life of the award.

Further, if the program or service for which the award is being sought is

h. a component of a larger program or service, describe how it is consistent with the mission, goals and operation of the larger program or service.



- i. an ongoing rather than new program or service, describe its operation and success so far.
- 4. For program evaluation proposals, three pages describing the goal, methodology and expected outcome of the evaluation including:
 - a. Background and rationale for the program you wish to evaluate
 - b. Research objective
 - c. Research methodology
 - d. Plan of work and time schedule
- 5. Resumés of the principal personnel responsible for the development, delivery or supervision of the proposed program, service, or evaluation.
- 6. Two letters by parties familiar with the program or service supporting the nature and excellence of the program. If a new program/initiative, two letters of support by parties familiar with the program or service as to the excellence and potential benefits of the program.
- 7. A letter from the senior operating officer of the host institution or practice indicating support for the program, service or evaluation.
- 8. Specify the amount of funding requested, including a budget that details all funding sources (e.g. SMSKPC, institution in-kind and/or financial, other funding). Note that the total amount SMSKPC can disburse is \$9,000 for a program or services.

JUDICATION

The SMSKPC-CPA Awards Committee will establish a Grant Adjudication Committee, made up of a team of psychologists and one public member who will adjudicate the nominations within the terms of reference published here. Note that financial need of the proposed program or service will be an important factor in the adjudication of nominations.



RESPONSIBILITIES OF AWARD RECIPIENTS

Successful applicants will be expected to provide a report to SMSKPC of the outcome of their program or service or an evaluation report (approximately 500 words) within 18 months of receiving funding. In the event that the award recipient publish or presents information about the program or service and its outcomes, the award recipient and its personnel agree to obtain any necessary client consents and research ethics board review before so doing. Any publication or presentation of the program or service and its outcomes will acknowledge the SMSKPC as a funder.