

MAIN

IMPORTANT GUIDELINES

ABOUT US

ABOUT OUR PARTNER

ADDITIONAL RESOURCES / APPENDIX



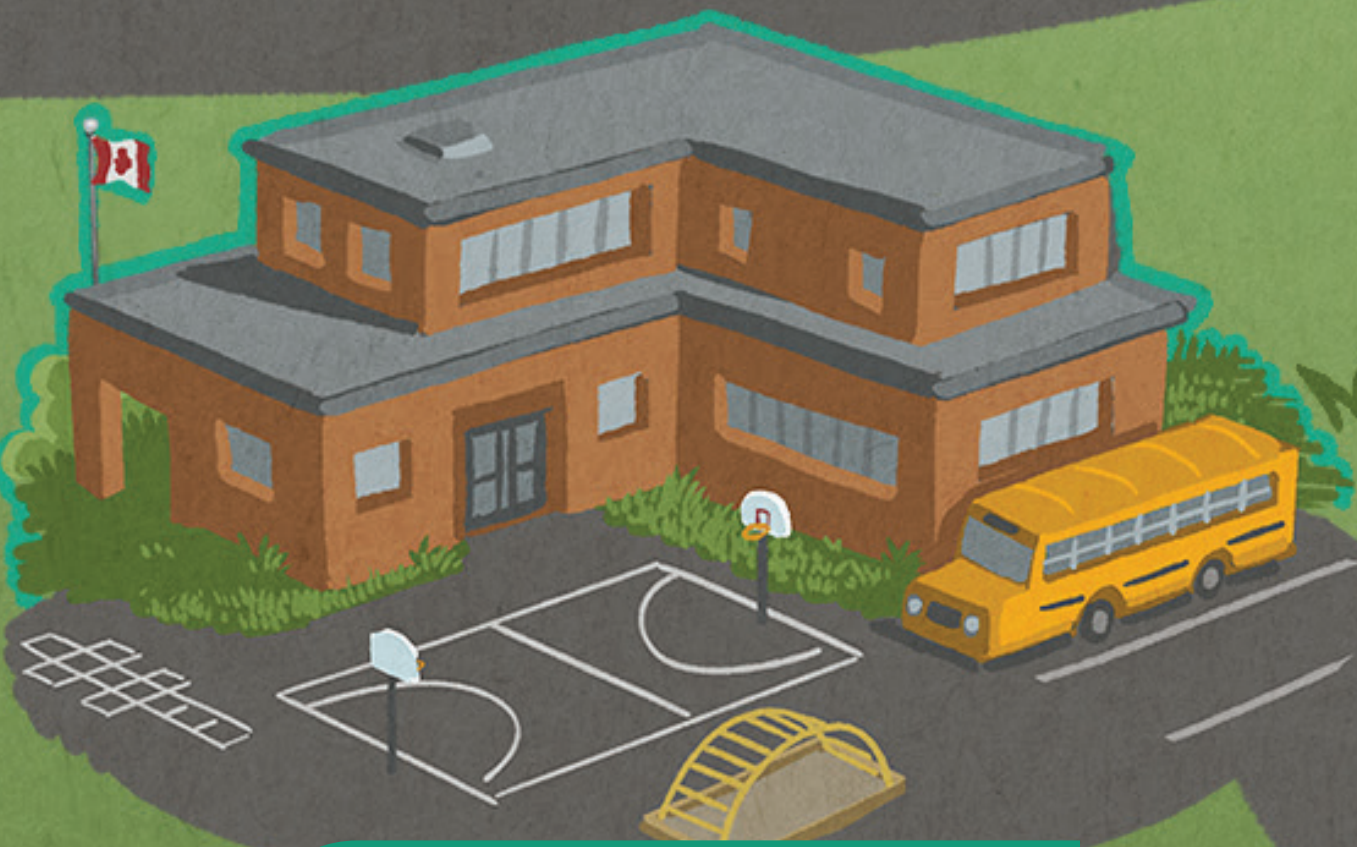
MODULE 1 OVERVIEW



LAND ACKNOWLEDGEMENT



ACTIVITY: SELF REFLECTION



SAFER SPACES: CREATING GUIDLINES Building Safer Spaces



IDENTITIES IN THE CLASSROOM



RESPONDING TO IDENTITY-BASED STRESSORS



SOME CLOSING THOUGHTS on best practices for responding to identity-based stressors

MODULE 1

Best practices for responding to identity-based stressors

Disclaimer: The content contained in these modules is meant to enhance the implementation of the activities in Kids Have Stress Too! and Stress Lessons and is not intended as instructions for intervention or therapy. If you are concerned about the well-being of your students or the children and youth you work with please talk to the mental health support staff at your school for additional guidance.



PSYCHOLOGY CANADA