



## The Judy Hills Internship Award

### About Strong Minds Strong Kids, Psychology Canada

[Strong Minds Strong Kids, Psychology Canada](#) (SMSKPC) is a national registered charity committed to fostering resilience in children and youth through the use of psychological science. Our mission is to help infants, children, and youth develop a strong foundation of mental health, enabling them to manage, learn, and grow from life's many challenges before problems arise. Our range of programs, developed in consultation with leading psychologists, are delivered by stress management experts to educators, child-serving professionals, community members, parents, and directly to children and youth.

### About Judy Hills

Judy Hills led *The Psychology Foundation of Canada* (now also known as *Strong Minds Strong Kids, Psychology Canada*) for over 12 years and retired in 2018. She started her career as a teacher and then moved to the charitable sector where her expertise in education met with her passion for community driven opportunities. Throughout her leadership with *The Psychology Foundation of Canada* (PFC), Judy was instrumental in leveraging the benefits of psychology to better Canadians and in particular children and youth through the development and delivery of many evidence-based programs and resources that are still around today. Programs such as *Parenting for Life*, *Kids Have Stress Too!* and *Stress Lessons* are a result of Judy's work with PFC expert volunteers. During her tenure, she also experienced first hand the desire and dedication of many leading psychologists throughout Canada to support and promote mental health. It is with this in mind that Judy wants to support future psychologists and ensure that this devotion and commitment to the promotion of mental well-being remains at the forefront.

### About the Judy Hills Internship Award

This internship offers psychology students the opportunity to join the Strong Minds Strong Kids, Psychology Canada team, contributing to the mental well-being of children and youth. Interns will support the development, delivery and expansion of psychology-based programs to communities across Canada, making a meaningful impact in the lives of children and youth.

Duties include but are not limited to:

- Analyze and prepare detailed reports summarizing program evaluation findings
- Edit training materials, guides and PowerPoint presentations
- Create email templates, newsletter inserts and website copy
- Develop program infographics and social media posts
- Support with partnership outreach through the development of contact lists
- Support with administrative tasks and data entry as required

This is a **remote** internship opportunity with the flexibility to support an academic schedule. The internship is for a total of **100 hours over a term** (approx. 3-months or until hours are complete) at a compensation of \$20 per hour. You will be paid on the 15<sup>th</sup> and 30<sup>th</sup> of the month.

**Strong Minds Strong Kids, Psychology Canada**  
From The Psychology Foundation of Canada  
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Charitable registration number 88921 2395 RR0001



### **Who is eligible**

You must be *at least* a third-year undergraduate student, majoring in psychology with an interest in gaining valuable work experience in the charitable sector.

In addition, you must:

- Be enrolled in full-time studies
- Be legally able to work in Canada
- Demonstrate academic excellence

### **When to apply**

This unique internship runs during the Fall and Winter terms. Applicants are accepted in September for the Fall term and in January for the Winter term.

**Deadline to submit an application for Fall 2024: Friday, September 20th, 2024**

**Deadline to submit an application for Winter 2025: Sunday, January 19th, 2025**

### **How to apply**

Submit a resume and cover letter (maximum 2 pages) addressed to Mackenzie Cielen-Gough, Coordinator of Programs and Partnerships [mackenzie.cielen-gough@strongmindsstrongkids.org](mailto:mackenzie.cielen-gough@strongmindsstrongkids.org) by the application deadline.

In your cover letter, please address the following:

- Why you are interested in this opportunity
- How this will help with your area of focus
- What you are hoping to accomplish or learn from this internship

### **The process**

Only select candidates will be contacted for a 1-hour virtual interview before a final decision is made.